



Soroptimist International Sacramento Newsletter September 2017

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President's Corner

Submitted by President Debbie Rubens

Happy September! It's hard to believe that it's the beginning of a new Soroptimist year. We start our year off with one of our big events, the Edible Garden Tour (EGT). I so appreciate all of you stepping up right out of the gate to volunteer and help make this year's EGT another big success!

I am excited to serve as your 2017-18 SIS President. I was fortunate to be able to attend the SNR Leadership training in June along with Past President Lauren Buchanan. I believe we represented SIS well. There are a number of events that occur throughout the year where you can meet and network with other Soroptimists. The District III meeting in coming up on Saturday, September 23, 2017 hosted by the Placerville club. We will have more information about it and the ability to sign up if you'd like to attend at



our first SIS meeting, and we will send out more information via e-mail.

One of the topics that will be discussed is the new SNR project which is "Dress a Girl around the World". We voted in this project as a region last April at the SNR business meeting in Reno. I am very excited about it and hope you will be as well. I will talk more about it throughout the year, but if you would like to have a bit more information and see what it is all about, please look at the website,

<http://dressagirlaroundtheworld.com>

Looking forward to having a fun, productive and exciting SIS year and spending it with you, our dedicated and committed SIS members. Let the year and fun begin!

Thanks to our CEO Partners!



What I Did on My Vacation

Submitted by Bonnie Coleman

Well, by the time you read this we should all be back from vacations, almost done with the Edible Garden event and back to our regular meetings. Many of the committees have already met and are geared up for another remarkable year. Yea, us.

As we learned from the Summer Luncheon, many of us had exciting vacations. Aunt Bonnie had an exciting time having the siding on her humble abode replaced where it had worn out. And as with any time the shell of the house is opened in Sacramento, it was time to stuff more insulation inside. My hope is that one hot Summer Night my bedroom will be cool enough to sleep in without running the air conditioning all night.



Not to sound too much like the Princess of the Princess and the Pea, but the heat won't let me go to sleep and the air conditioner wakes me up. Then again, when the temperature climbs into 3 digits, I just sit in the dark and pout so most of my exertion is mental and emotional. I wasn't bred for heat, I wasn't raised in it, I can't adjust and I won't put on a brave front. So there!! Perhaps I am a bit Princessy in this area. Well, there I've said it.

heat, I wasn't raised in it, I can't adjust and I won't put on a brave front. So there!! Perhaps I am a bit Princessy in this area. Well, there I've said it.

In my defense, I do what I can. In pursuit of that Cool and Holy Grail, over the years I have upgraded my a/c unit, the ceiling insulation, the wall insulation and converted to two-ply windows. I've added wooden shutters and triple ply pleated shades. I have insulated the garage and the garage door. I have



upgraded the siding and added a patio awning. I pulled up the rugs and I replaced the bedding, the bed topper and the pillows to ones that were touted as cooling one off. (This "one" is not noticeably cooled off.) If I had been

upgrading against an invasion my little place could hold off Armageddon.



What else is a body to do? Gone are the days when one could have some handsome lout stand around fanning one with ostrich

feathers. Besides, even without having my genealogy traced I suspect persons of my background more likely fell into the fan-er classes than the fan-ees. (For one thing, your Dukes, Counts and Earls rarely felt the need to emigrate from the Old Family Estates to another country, unless they were also running off with the Family Jewels and perhaps the Family Nanny.) Good peasant stock here I'm thinking.

So I hole up in the dark with my TV, books, and libations and try not to poison the mood of the cheerful idiots who are frolicking in skin-crisping sun. You're Welcome.

**Guest Speaker – September 15 –
Gina Haynes**



Did you love Helen Mirren as Miss Jane Tennison in *Prime Suspect*? Did you wish there were real women working in London like her? Well, attend the September 15 SIS Club meeting and meet Gina Haynes, a retired police lieutenant who started her Law Enforcement career in

England as an 18 year old Police Cadet where she worked for seven years before "*giving up her skirt and handbag for pants and a gun.*" While working on a homicide with New Scotland Yard she was successful in finding a young suspect who had murdered a 10 years old boy .The suspect is still serving time.

In 1987 Gina joined the Sacramento Police Department where she was ranked *Top Academic Student*. After 9/11 Gina put together a *Target Assessment Detail* where her previous training dealing with IRA and domestic terrorism was put to good use. In 2003 while managing the Police Department's Family Abuse and Sexual Assault/Child Abuse Unit, Gina realized there was a need for the Department and Nonprofit Organizations to know and understand each other. She formed the Sacramento Domestic Violence Prevention Collaboration which is going strong. Gina retired in 2013 but remains a reserve police officer.

**Guest Speaker – September 22
Dr. Schery Mitchell-James**



Born as a 2# premature twin, Schery Mitchell-James had a lifelong calling to become a physician. She completed her BA at Lincoln and her MD at Howard University and went on to become a pediatrician with Kaiser Permanente. After 32 years of service, Dr. Mitchell-James is currently

she is a clinical professor of pediatrics at California Northstate University College of Medicine, is a contributor to CaliBears Math Essentials, and with her daughter Briana, is a co-founded Scrumpt – a healthy lunch kit subscription service for children. Dr. Schery volunteers for the Sacramento Chapter of The Links, Inc. and the Capital Medical Society.

**Guest Speaker – September 29
Andrew Roth**



Andrew Roth is an Executive Officer for the California State Teachers' Retirement System, where he oversees 450 staff and six distinct program areas. He is also the executive sponsor for a \$250 million pension administration system implementation effort.

Andrew has worked for the State of California since 1998 and enjoys public service. He holds an undergraduate degree in History and a master's degree in Public Administration, both from the University of Washington in Seattle.

Andrew is a member of the Sacramento Ballet Board of Directors, and chaired the Search Committee that hired the new Artistic Director, Amy Seiwert. He is a former professional ballet dancer who performed with the National Ballet of Canada, the Pacific Northwest Ballet, and Spectrum Dance Theater.

It's Never Too Early!

To be thinking about donations, that is! Our annual Crab Fiesta is just 5 months away, on Saturday, March 3, 2018. We are currently seeking donations for our Live Auction, Silent Auction, and Wall of Wine. Past Live Auction items have included weekend getaways, sailing and lunch on a lake, and beautiful gourmet dinners. Silent Auction items have included theater tickets, gift baskets, home décor, jewelry, makeup, cookware, hardware, gift cards, sports memorabilia, etc. And if you just don't know what to donate, we will gladly accept cash donations and do the shopping for you! You can also help by donating gift basket supplies – decorative boxes, baskets, ribbons, and cellophane will all be put to good use. Please contact Lisa Bartoe at ljbartoe@yahoo.com or [\(916\) 508-6326](tel:9165086326) with any questions.

Connect With Us!

If you haven't already, please Like and Follow us on Facebook at <https://www.facebook.com/SacSoroptimist/>. And, be sure to bookmark the SIS website <http://www.soroptimistsacramento.com>, where you can stay up-to-date with current announcements and events. We also have a Member Login at the top right. If you do not have your login credentials, or have any other questions about the website, please contact Lisa Bartoe at ljbartoe@yahoo.com or [\(916\) 508-6326](tel:9165086326).

Roster Changes:

Did you get the additional page for Wendy Haydon? It was inadvertently left out of the roster. Please let Barbara Coulam know and she can get you the additional page.

Janet Galliani – new e-mail janetgalliani@gmail.com

**Soroptimist Offers Scholarships
(SOS) and Donations**

2017-2018

Maggie Bender-Johnson

Board Action Items -

Officers and Board of Directors 2017-2018



- President - Debbie Rubens
- First Vice President - Sarah Lee
- Second Vice President - Caty Diepenbrock
- Recording Secretary - Carol Adams
- Corresponding Secretary - Jennifer Willis
- Treasurer - Kathy Platz
- Assistant Treasurer - Phyllis Moist
- Board of Directors 2017-2019
 - Lisa Bartoe
 - Celia Walker
- Board of Director 2017-2018
 - Lauren Buchanan
- Board of Directors - 2016-2018
 - Paula Wright
 - Rosalie Gladden
- Parliamentarian (appointed) - Idelle Claypool

September Soroptimists!



Happy Birthday

- | | |
|--------------------|--------------|
| Wendy Haydon | September 9 |
| Venita Sivamani | September 9 |
| Marjorie Matsinger | September 20 |
| Mary Kobane | September 22 |
| Sally Day | September 23 |

**SIS Program Schedule
2017-2018**

To be added!